

SPOHN - APRIL 20 - 25, 2020

9TH & 10TH GRADE HEALTH

Read pages 443 - 450; do pg 450 1 - 10 answers only.

7TH GRADE HEALTH

This week watch a funny movie. After movie write a paragraph telling me the name of your movie, how you felt before and after watching it (relating to stress).

8TH - 12TH PE:

Write down on paper 2 - 40 minute sessions of physical activity; parents sign; take picture and email me (**wspohn@rsd.k12.pa.us**). You can look on grade book to see what days and dates to send me your workout. You are doing good. Keep exercising! So important for all of us!!